



Whole School Food Policy

Committee with oversight for this policy – Behaviour and Safety	
Policy to be approved by the Headteacher	
Policy last reviewed by the Behaviour and Safety Committee	N/A
Policy last ratified by the Headteacher	3 November 2015
Policy / Document due for review	November 2018

Ravenor Primary School

Whole School Food Policy

Whole School Mission Statement

Ravenor Primary School is committed to ensuring that all aspects of food and drink in school promote the health and wellbeing of pupils, staff and visitors to the school, through provision of a high quality food service, food education and ensuring a consistent message to promote healthy lifelong eating habits.

The school has embraced the government's 'Every Child Matters' initiative as detailed in the school's SEF and had read and referred to documents such as the DfE's Healthy Living Blueprint for schools. The whole school food policy will enable us to develop and maintain a shared philosophy on all aspects of food and drink

Food Leadership

The school will support this through development of a SNAG (School Nutrition Action Group).

A School Nutrition Action Group is a school-based alliance in which teaching staff, pupils and caterers, supported, where appropriate, by health and education professionals and the local community, who work together to review and improve the school food service and adopt a truly whole school approach to food education and culture.

The school aims to:

- Promote consultation on school food issues,
- Build confidence in the school meal service and improve the take up of school meals
- Support education surrounding the provision of healthy packed lunches
- Ensure key staff have the necessary skills and training to encourage and educate on food issues
- To ensure consistent messages are given in both curriculum and provision.
- Ensure staff teaching nutrition have up to date training to give them baseline knowledge of nutrition and ensure consistency among staff.
- Ensure the school provides a welcoming eating environment that is appropriate to the children and young people who use it.
- Ensure school dinners meet DCSF standards.

Consultation:

Pupils were consulted about this policy through packed lunch questionnaires and through school meals questionnaires. They were then questioned by school council representatives who fed back to the PSHE lead. Parents were consulted through school meal and packed lunch questionnaires, through our school newsletter and through a parent packed lunch workshop. This consultation will remain an open dialogue between pupils (through school council) and parents (through further workshops) throughout the school year.

School Meals

Outside caterers Chartwells provide school meals for our school. We regularly meet with them to discuss how to improve uptake of school meals as well as feedback our finding from questionnaires and surveys. Chartwells follow DCSF standards and are striving to improve the dining experience for our children.

Training

CPD sessions will be held for teachers to ensure consistency of what is being taught. As part of the new National Curriculum strand 'Cooking in the Curriculum' teachers will be provided with training in to ensure they are teaching children the necessary skills. Workshops for parents will also be held, based around healthy eating choices and healthy packed lunches.

Other Food provided in school

The school is committed to providing healthy snacks. KS1 are entitled to free fruit at morning break. Pupils are encouraged to discover new foods through curriculum based tasting sessions, incorporating cookery into the classroom.

Non- School lunch packs

The school will emphasise the benefits of a hot school lunch. However, should parent prefer to send a packed lunch, they will be encouraged to ensure that the child's meal includes the 5 food groups set out as guidelines by the British Nutrition Foundation.

See Packed Lunch Policy for more information.

Free School Meals

Children whose parents receive certain welfare payments are eligible for free school meals in the UK.

Guidance can be found at www.schoolfoodtrust.org.uk

Special dietary requirements

Catering staff will be made aware of any pupils and staff who have special dietary needs, either health or culturally related.

Drinks

Drinking water is made available to pupils at all times throughout the day.

At lunchtime, pupils have access to fresh water.

Theme days

To promote the School meal service, Chartwells aim to provide theme days throughout the year e.g. Bonfire night, International days, Curriculum themes.

Special Occasions:

When a child is celebrating their birthday they may purchase a book from the office for their class library. All food at after school events (school disco etc.) will be healthy alternatives.

Breakfast/After School club:

Both our breakfast and after school club adhere closely to the DFES standards. Both these clubs promote a healthy lifestyle as well as healthy choices.

PE

Pupils to be made aware of the importance of a healthy diet and to recognise the links between healthy diet and physical activity for both their short term and long term wellbeing.

Healthy Eating – curriculum support

Pupils are encouraged to discover new foods through curriculum based tasting sessions, incorporating cookery into the classroom. This is done as part of the 'Cooking in the Curriculum' scheme.

Gardening

Pupils are involved in growing foods in the outdoor area, developing an understanding of where food comes from. From time to time, visits may be planned to local allotments or farms.

Cookery clubs

The school aims to provide a cookery club, developing basic skills in planning, preparation and cooking healthy meals and an understanding of basic food hygiene.

Food Culture and Community Involvement

The school aims to provide an enjoyable and sociable dining environment for pupils, staff and visitors, supported by a dedicated team of lunchtime supervision staff, caterers and in the classroom through incorporating Food Education.

Parents and Pupils are invited to contribute towards the development of a healthy approach to food, recognising the value of a hot lunch, the vital components of a packed lunch and the importance of healthy snacks.

In support of the local community and surrounding area, the school aims to develop links with local food providers..

The Dining Room

Children will sit at tables to eat their lunch and the school will provide good quality catering equipment to encourage positive behaviour, politeness and respect for their environment.

Children are not expected to waste food, whether they have a cooked school lunch or a packed lunch, being encouraged to try a variety of different types of food.

Lunchtime supervisors will assist children, helping them to discuss any issues arising, to eat healthily and to respect their environment, leaving the area where they have eaten in a reasonably tidy and clean state.

All litter from packed lunches brought into school, should be taken home and not left on school premises.

Implementation and Monitoring

This policy will be implemented in January 2015. Children will be made aware of this policy through assemblies and through school council representatives. Parents will be made aware of this policy through our school newsletter and through our school website.

We will monitor this policy throughout the year through consultation with pupils via the school council members and with parents through healthy eating workshops.