



Relationships Education

Year 1:

Objective 1 Keeping Clean	Objective 2 Growing and Changing	Objective 3 Families and Care
<ul style="list-style-type: none">- To understand some basic hygiene principles- Know how to keep clean and look after oneself	<ul style="list-style-type: none">- To introduce the concept of growing and changing- Know how people grow and change- Understand that babies become children and then adults- Know the differences between boy and girl babies	<ul style="list-style-type: none">- To explore different types of families and who to ask for help- Know there are different types of families- Know which people we can ask for help



Year 2:

Objective 1 Differences Boys and Girls	Objective 2 Differences Male and Female	Objective 3 Naming the Body Parts
<ul style="list-style-type: none">- To introduce the concept of male and female and gender stereotypes- To identify differences between males and females- Talk about the ways boys and girls can be the same and different- Understand that some people have fixed ideas about what boys and girls can do- Describe the difference between male and female babies	<ul style="list-style-type: none">- To explore some of the differences between males and females and to understand how this is part of the lifecycle- Describe some differences between male and female animals- Describe some differences between boys and girls- Understand that making a new life needs a male and a female	<ul style="list-style-type: none">- To focus on sexual difference and name body parts- Describe the physical differences between males and females- Name the male and female body parts



Year 3:

Objective 1 Differences Male and Female	Objective 2 Personal Space	Objective 3 Family Differences
<ul style="list-style-type: none">- To explore the differences between males and females and to name the body parts- Know some differences and similarities between males and females- Name male and female body parts using agreed words	<ul style="list-style-type: none">- To consider touch and to know that a person has the right to say what they like and dislike- Identify different types of touch that people like and do not like- Understand personal space- Talk about ways of dealing with unwanted touch	<ul style="list-style-type: none">- explore different types of families and who to go to for help and support- Understand that all families are different and have different family members- Identify who to go to for help and support



Year 4:

Objective 1 Growing and Changing	Objective 2 Body changes and reproduction (including periods)	Objective 3 What is puberty?
<ul style="list-style-type: none">- To explore the human lifecycle- Describe the main stages of the human lifecycle- Describe the body changes that happen when a child grows up	<ul style="list-style-type: none">- To identify some basic facts about puberty, reproduction and pregnancy- Know that during puberty the body changes from a child into a young adult- Understand why the body changes during puberty- Identify some basic facts about pregnancy	<ul style="list-style-type: none">- To learn about the physical changes associated with puberty- Know about the physical and emotional changes that happen in puberty- Know that each person experiences puberty differently



Year 5:

Objective 1 Talking about puberty	Objective 2 Male and female changes	Objective 3 Puberty and hygiene
<ul style="list-style-type: none">- To explore the emotional and physical changes occurring in puberty- Explain the main physical and emotional changes that happen during puberty- Ask questions about puberty with confidence	<ul style="list-style-type: none">- To understand male and female puberty changes in more detail- Understand how puberty affects the body and the emotions- Describe how to manage physical and emotional changes	<ul style="list-style-type: none">- To explore the impact of puberty on the body and the importance of physical hygiene- To explore ways to get support during puberty- Explain how to stay clean during puberty- Describe how emotions change during puberty- Know how to get help and support during puberty



Year 6:

Objective 1 Puberty and reproduction	Objective 2 Relationships and reproduction	Objective 3 Conception and pregnancy
<ul style="list-style-type: none">- To consider puberty and reproduction- Describe how and why the body changes during puberty in preparation for reproduction- Talk about puberty and reproduction with confidence	<ul style="list-style-type: none">- To consider reproduction in the context of relationships- Discuss different types of adult relationships with confidence- Explain how babies are made	<ul style="list-style-type: none">- To explore the process of conception and pregnancy- Describe the decisions that have to be made before having a baby- Know some basic facts about pregnancy and conception